

# MODULAR FALLS MAT <sup>CE</sup>

## User Guide

### Preparing the Modular Falls Mat.

The Modular Falls Mat come in two units. Each unit can be carried to the area in which it is to be used, by using one of the indented handles, which are situated on the underside of each unit - do not attempt to carry more than one Modular Falls Mat unit in each hand.

If joining the sections together (recommended if placing beside a bed) this can be done by securely fastening the velcro straps, which are located on the underside of the Mat.

### Placing the Modular Falls Mat.

The Modular Falls Mat can be used at the side of beds and armchairs. It is recommended that all open side – any area where a vulnerable person is able to climb-over/fall, should be covered by mats.

When placing the Modular Falls Mat beside a bed, always lower the bed to its lowest position before placing the Mat at the side of the bed.

Place the Mat by the bed/chair, ensuring that there is no gap between the bed frame/chair and the Modular Falls Mat.

Where possible, place the Modular Falls Mat against the wheels/legs of the bed/chair to help keep the Mat in position.

### Safety Notes:

It is advised that all furniture and other objects are cleared from where the individual may fall – to reduce the risk of injury, and are kept off of the Modular Falls Mats – to ensure that no damage occurs to the upper surface of the Mat.

The tapered edges of the Modular Falls Mat reduce the possibility of trips. If placing a wheelchair/mobile shower chair/commode on the Modular Falls Mat, ensure that the wheels are placed centrally to the Mat before moving over the sloping edges to avoid the possibility of tipping.

For detailed information on the MFM visit [www.modularfallsmat.com](http://www.modularfallsmat.com)

